

Inspiration and Intuition

A series of zoom and face to face seminars exploring where great ideas come from. What moves us to discover new things? Can we draw down insights from the spiritual world when new challenges face us?

7.30 – 9.00pm (UK time)

All welcome, no need to book.

There is no charge for online or face to face events. Voluntary donations towards costs and overheads are gratefully received. Donations can be made by transfer to a Nationwide account held for this purpose. Account name: Adrian Hotten, sort code: 07-01-16 account number: 3146676

Zoom link

<https://us02web.zoom.us/j/86848240633>

Meeting ID: 868 4824 0633 Passcode: 609229

Find your local number: <https://us02web.zoom.us/u/kbj6lNW0Q5>

October 8th (zoom)

Exploring the Mystery of the Earth in the time of COVID

With Dr. Peter Selg

Coronavirus presents a fast moving challenge to humanity like no other. Peter Selg will explore what we have to learn from the medical, sociopolitical, and spiritual aspects of the COVID crisis. Rudolf Steiner did not just comment critically about the out-of-hand 'fear of bacilli' or the 'obsession with hygiene' as 'modern superstition', but also warned about the dangerous reality of 'pathogens of the worst kind' that could become 'destroyers of human life' and bring with them 'dreadful epidemics'.

Dr Peter Selg is director of the Ita Wegman Institute. He was born in Stuttgart and studied medicine in Witten-Herdecke, Zurich, and Berlin. His latest publications include 'The Mystery of the Earth, Essays in the Time of Coronavirus' Steiner Books 2021

October 15th (In person Rudolf Steiner House)

The Challenges of Polarities

With Andrew Wolpert

What might be the significance of apparently mutually exclusive opposites? Is there a resolution of binary distinctions? What is our instrument for discerning truth? This lecture will explore some of the themes that invite us to bring our healing activity to challenges we face.

Andrew Wolpert has been working in adult education in the fields of language, literature, art history, and Christology for many years in Europe and in Asia.

October 22nd (Zoom)

Fairy Tales

With Matt Dexter

Matthew Dexter reads selected Grimms' Fairy Tales. Never mind what they all mean. Close your eyes, sit back and let the images arise in your imagination. Many generations have grown up with this collection of fairy tales by the 'Brothers Grimm', Jacob and Wilhelm, first published in 1812. As we open ourselves to their deep wisdom we might ask.... are they really JUST for children ?

Matthew Dexter is a speech artist, actor, storyteller and Dutch translator. He lives in Cambridge and has given numerous performances, including the 'Christmas Carol' and 'The Little Prince'.

October 29th (In person Rudolf Steiner House)

Christ's Encounters with Women

With Louise Sofair

The undivided 'whole' being of the Christ entered the world of human beings who were differentiated, physically and socially, into the two sexes. Rudolf Steiner gave us an insight into how this division had come about in humanity's evolution. We will discuss the purpose of the incarnation of the Christ Being in this regard and the difference in the way in which men and women met Him. We will look in closer detail at the women whom Christ encountered during his three-year mission on Earth and the relevance of

these events. In our time we are able to have a deeper understanding of how He raised the more naturally intuitive, cosmic consciousness of women to greater heights; paving the way for future humanity.

Louise Sofair is a mother of four living in Hertfordshire. She was an upper school teacher of drama and religion in a Waldorf-Steiner school for many years and is the author of the book Women with Christ (Temple Lodge Press).

November 5th (zoom)

The Esoteric Foundations of Goethe's Science

Dr. Douglas Miller

Rudolf Steiner has characterized Goethe's scientific studies as 'a physical science based on occult principles'. As an editor of Goethe's scientific writings and through his later anthroposophical research he continued to extend and deepen Goethe's insights. This illustrated presentation will explore the hidden principles underlying Goethe's work in the sciences (including his theory of colour) and how they arose in the course of Goethe's life.

Dr. Douglas Miller is a retired professor of German at the University of Michigan–Flint in the United States; his research, publication, and lecturing has focused on Goethe's accomplishments as a scientist and writer, as well as on the history and meaning of Rudolf Steiner and anthroposophy.

November 12th (Rudolf Steiner House)

With Patrick Dixon

The warming of the Global heart

The sleeping beauty of Nature returns to her slumbers each autumn. Can we recognise her and realise that we, as human beings, have a vital part to play in the development of the Global heart ? We watch, wait and wonder where warmth has gone as we look at our 'dead' trees standing bare in winter frosts and winds. What are the spiritual forces that lie hidden

behind nature ? What is happening to them in this time of extraordinary world events ? This year, as no other, we have a lot to learn from nature.

Patrick Dixon trained at RADA and is an actor, writer, poet and performer. He lives in London gives frequent lectures, seminars and one man shows

November 19th (zoom)

Moral Intuition, viewed from a Psychological Perspective

With Dr. James Dyson

Moral Intuition - as Steiner used the term - represents a precondition for spiritual freedom, and therefore underlies the concept of ethical individualism. This understanding forms the basis of every aspect of the methodology of Anthroposophical Spiritual Science, encompassing its foundational epistemological and philosophical basis and extending to its many expressions in practical life.

Since Steiner's time, psychology as a discipline has in many ways taken centre stage, to some extent eclipsing the more foundational disciplines of philosophy and cognitive science. Present-day psychology encompasses as wide a diversity of approaches as there are images of the human being, from the most sinister aspects of behaviour modification, based on fear, manipulation and mind control, to those that enhance and uphold the dignity of what it means to be a human being. In this talk, James hopes to indicate how an anthroposophically derived psychology complements and is enriched by many emerging mainstream insights.

Dr. James Dyson is working in adult education as a psychospiritual psychologist with a special interest in child development and mental health. He was a practicing physician for nearly forty years and co-founder in 1979 of Park Atwood Clinic, formerly an anthroposophical residential medical facility.

November 26th (Rudolf Steiner House)

An exploration of Intuition through the activities of the ancient leaders of humanity

With Eric Klein

From Zarathustra, through Hermes and finally Plato and Aristotle, various spiritual streams can be understood as the foundation for the striving of humanity of the present day. Our development for now and the future will be dependent on our abilities to overcome the material boundaries that hold our thinking on this side of the threshold. Freeing ourselves from constrictions of time and space, not only as physical/material concepts, but with our thinking, is an essential step for the future of humanity and the earth that supports us.

Eric Klein was born and raised in an Anthroposophic home in New York, educated at the Rudolf Steiner School in New York City, before training as a concert musician at the Manhattan School of Music. His life's journey has gone through Harvard Business School, the Christian Community Seminary in Stuttgart, Germany before settling in England in 2002. He has worked as a performing musician, composer, conductor, teacher and lecturer.

December 5th (zoom)

Intuition in Advent Art through the ages

With Peter Van Breda

Since shortly after time of Christ right up to the present day artists have been portraying the events of Advent. In this illustrated presentation, Peter will guide us through how European artists have worked with and presented their insights into the mysteries of this season. Contemplating the results of their work helps us with our own inner preparations for the special season of Christmas - and who knows what we might discover waiting to come to birth within ourselves!

Peter Van Breda lives in London and is a priest of The Christian Community, a movement for religious renewal.

December 10th (Rudolf Steiner House)

Anthroposophic Medicine and Therapy

Hazel Adams and Dr. Frank Mulder

Medicine moves forwards rapidly, with new, potentially life changing discoveries being made by the minute. Rudolf Steiner worked very closely with Ita Wegman, a medical doctor and offered many insights into the nature and purpose of illness. He outlined areas for further research into the healing properties of plants and minerals that have been investigated and worked with by Anthroposophic doctors and therapists. Hazel and Frank will explore some of the indications he gave for the therapeutic use of metals such as gold, silver and copper and outline how they are used today.

Hazel Adams is an Anthroposophic therapist specialising in the use of coloured light for healing who worked at the Blackthorn trust for many years. Dr. Frank Mulder is an Anthroposophic doctor with extensive knowledge of the work of Rudolf Steiner and its application in many therapeutic situations.